NMeL Guide to Patient Education Resources

Every patient is different, so patient education handouts need to be selected to provide quality, relevant information to meet each patient’s needs. Patient education handouts reinforce the essential information discussed in patient encounters, enhance the communication between the provider and the patient and empower patients to take charge of their care. Using the patient education resources offered through Library Services health care providers can find the right information for each patient. Providers can also direct patients to quality information sources where they can explore additional information on their own.

Patient Education Resources Accessible to Clinical Staff

UpToDate

*UpToDate* is a point of care tool that includes two levels of patient education content: **Basics** and **Beyond the Basics**. The **Basics** handouts are overviews that answer four or five important questions about a medical problem. **Beyond the Basics** are detailed reviews of the topic and better suited for readers who want additional information and are comfortable with some medical terminology.

http://www.uptodate.com/online

DynaMed Plus

*DynaMed Plus* provides patient education Information on Overview and Recommendations section of the Condition pages on each topic. Click on **Patient Information** to find links and handouts, in English and Spanish, containing key information on the specific condition, its management, medications and the use of medical devices.

http://www.dynamed.com/

Patient Education Reference Center (PERC)

*Patient Education Reference Center* (PERC) provides patient information handouts that can be customized, printed and given to a patient at the point of care. *Patient Education Reference Center* (PERC) handouts are easy to read, include medical illustrations and are available in multiple languages.


ClinicalKey

*ClinicalKey* offers patient education handouts on a wide variety of diseases and procedures that may be customized to the patient’s preferred language and text size. Special instructions and institutional branding may be added.

https://www.clinicalkey.com/#!/browse/patient_handout
Lexicomp

Lexicomp provides patient education leaflets for adults and children that support compliance with Joint Commission standards and cover thousands of medications, diseases, procedures, discharge instructions, and more. The handouts are written at a 5th-7th grade reading level and are available in multiple languages. Click on Patient Education tab at the top of the screen.

http://online.lexi.com/lco/action/home?siteid=3&

Natural Medicines Comprehensive Database

Natural Medicines offers patient handouts that include general information on natural medicines, their level of effectiveness, a brief explanation of how the product works, safety concerns, food or drug interactions, dosing information, and alternative names. All of this information is presented in a format that is clear and easy to read. To locate a handout search by topic and click on the Patient Handout link at the top of the topic page.

https://naturalmedicines.therapeuticresearch.com/

ClinicalKey for Nursing

ClinicalKey for Nursing provides patient education handouts on a wide variety of processes that may be customized for individual patient educations to the patient’s preferred language and text size. Special instructions and institutional branding may be added.

https://www.clinicalkey.com/nursing
Medical Websites Offering Quality Health Information to Patients and Families
recommended by the Medical Library Association

Cancer.gov
http://www.cancer.gov

Centers for Disease Control and Prevention (CDC)
http://www.cdc.gov

familydoctor.org
http://familydoctor.org

healthfinder®
http://www.healthfinder.gov

HIV InSite
http://hivinsite.ucsf.edu

KidsHealth®
http://www.kidshealth.org

MayoClinic
http://www.mayoclinic.com

MEDLINEplus
English: http://medlineplus.gov
Spanish: http://medlineplus.gov/esp

National Institute on Aging – Health Information
https://www.nia.nih.gov/health

American Cancer Society
http://www.cancer.org/

American Diabetes Association
http://diabetes.org/

American Heart Association
http://www.heart.org/HEARTORG/

American Stroke Association
http://www.strokeassociation.org/STROKEORG/

Developed by Library Services, Naval Medical Center Portsmouth for Navy Medicine electronic Library (NMeL) users.